



PSHE

At Havelock Primary School we recognise the importance of Personal, Social and Health Education (PSHE) for children in our school. We aim to educate children and provide them with learning opportunities and experiences that help them grow and develop as individuals and as members of families and social and economic communities.

Children at Havelock are taught PSHE using a scheme of work provided by Ealing borough. This scheme is a whole school spiralling curriculum that covers years one to six with each year group looking at the same theme each half-term.

It is laid out in a two year programme to allow for a wider and deeper coverage of PSHE education and citizenship and is divided into 12 half-termly topics, six in year A and six in year B. The focus in year A is mainly on personal and interpersonal relationships and health issues. This is widened out in year B to include social and economic relationships, including international relationships.

The range of topics ensure a comprehensive coverage of most PSHE education and citizenship issues which would include community and participation, safety (including e-safety), health education (including relationship, sex and drugs education), difference and diversity, personal relationships, the environment, financial capability, globalisation, social injustice, growth and change.

EALING LA SCHEME OF WORK: PSHE EDUCATION, CITIZENSHIP AND SEAL CURRICULUM HALF-TERMLY OVERVIEW OF THEMES: YEAR A						
	WE'RE ALL STARS!	BE FRIENDLY, BE WISE	LIVING LONG, LIVING STRONG	DARING TO BE DIFFERENT	DEAR DIARY	JOINING IN AND JOINING UP
<u>Year 1</u>	1. Devising a class charter 2. Getting to know each other 3. Problem-solving 4. Looking after each other 5. Happy playtimes 6. Making choices	1. Making friends 2. Falling out with a friend 3. Managing anger 4. Anti-bullying 5. Hazards in the home and fire safety 6. Road safety	1. RSE: keeping clean 3. RSE: families and care 4. Looking after our teeth 5. Staying healthy 6. Setting a simple personal goal	1. Our likes and dislikes 2. Feeling proud 3. Being special 4. Recognising worries 5. Staying calm and relaxed 6. Standing up for myself	1. Asking for help 2. Feeling loved and cared for 3. Managing uncomfortable feelings – proud and jealous 4. Thoughts, feelings and behaviour 5. Dealing with worries 6. Supporting each other	1. Listening effectively 2. Expressing opinions 3. Knowing right and wrong 4. Needs of living things 5. Developing responsibility - looking after animals 6. Who else looks after animals?
<u>Year 3</u>	1. Devising a class	1. The importance	2. RSE: personal	1. Similarities and	1. Knowing where to	1. Jobs at home and in

	<ul style="list-style-type: none"> charter 2. Gifts and talents 3. Exploring feelings 4. Working cooperatively 5. Happy playtimes 6. Having opinions 	<ul style="list-style-type: none"> of friends 2. Falling out with a friend 3. Managing anger 4. Anti-bullying 5. What to do in an emergency 6. E-safety 	<ul style="list-style-type: none"> space 3. RSE: family differences 4. Feeling happy 5. Staying healthy 6. Overcoming barriers to reaching goals 	<ul style="list-style-type: none"> differences 2. Feeling good about yourself 3. Surprises 4. Hopeful and disappointed 5. Hiding or showing feelings 6. Standing up for myself 	<ul style="list-style-type: none"> go for help 2. Taking responsibility 3. Making wise choices 4. Managing uncomfortable feelings - loss 5. Dealing with worries 6. Supporting each other 	<ul style="list-style-type: none"> school 2. Representation – local council 3. Voting and debating 4. Having a say in the school community 5. Voluntary, community and pressure groups 6. Fund-raising
<u>Year 5</u>	<ul style="list-style-type: none"> 1. Devising a class charter 2. Gifts and talents 3. Exploring feelings 4. Working cooperatively 5. Communication skills 6. Role models 	<ul style="list-style-type: none"> 1. Different types of friends 2. Conflict resolution 3. Managing anger 4. Anti-bullying 5. First Aid 6. + 	<ul style="list-style-type: none"> 1. RSE: talking about puberty 2. RSE: male and female changes 3. RSE: puberty and hygiene 4. The concept of wellbeing 5. Being an effective learner 6. Role models 	<ul style="list-style-type: none"> 1. Differences of opinion 2. Agreeing and disagreeing 3. Risky choices 4. Standing out from the crowd 5. Being assertive 6. Anti-bullying 	<ul style="list-style-type: none"> 1. Knowing where to go for help 2. Managing uncomfortable feelings - embarrassment 3. Put-downs and boost ups 4. Breaking friends 5. Forgiveness 6. Supporting each other 	<ul style="list-style-type: none"> 1. Anti-social behaviour and the consequences of crime 2. Rules and laws 3. The local courts 4. Voting and debating 5. Having a say in the school community 6. Fund-raising

EALING LA SCHEME OF WORK: PSHE EDUCATION, CITIZENSHIP AND SEAL CURRICULUM HALF-TERMLY OVERVIEW OF THEMES: YEAR B						
	IT'S OUR WORLD	SAY NO!	MONEY MATTERS	WHO LIKES CHOCOLATE?	PEOPLE AROUND US	GROWING UP
<u>Year 2</u>	<ul style="list-style-type: none"> 1. Devising a class charter 2. Getting to know each other 3. Communities we belong to 4. Saving energy around the school 5. Recycling 6. Pollution 	<ul style="list-style-type: none"> 1. Drugs Ed: medicines 2. Drugs Ed: household substances 3. Drugs Ed: the dangers of smoking 4. Drugs Ed: the dangers of alcohol 5. Feeling safe: real and imaginary hazards 6. Anti-bullying 	<ul style="list-style-type: none"> 1. Why do we have money? 2. Keeping money safe 3. Can I afford it? 4. Wants and needs 5. What does it mean to be rich? 6. Setting a simple goal 	<ul style="list-style-type: none"> 1. Foods from around the world 2. Customs and rituals 3. Special day foods and celebrations 4. How much chocolate do we eat? 5. Where does chocolate come from? 6. Fair trade principles 	<ul style="list-style-type: none"> 1. Special people 2. People who help us 3. Feeling lonely 4. Different kinds of families 5. Difficult choices - leaving home 6. People and places around the world 	<ul style="list-style-type: none"> 4. Being unique 5. Making change happen 6. Changing our behaviour
<u>Year 4</u>	<ul style="list-style-type: none"> 1. Devising a class 	<ul style="list-style-type: none"> 1. Drugs Ed: risk taking 	<ul style="list-style-type: none"> 1. Keeping track of my 	<ul style="list-style-type: none"> 1. The real cost of 	<ul style="list-style-type: none"> 1. Similarities and 	<ul style="list-style-type: none"> 4. Wishes, hopes and

	<ul style="list-style-type: none"> charter 2. Understanding rules and laws 3. Saving energy (1) 4. Saving energy (2) 5. Climate change (1) 6. Climate change (2) 	<ul style="list-style-type: none"> 2. Drugs Ed: legal and illegal drugs 3. Drugs Ed: effects and risks of smoking 4. Drugs Ed: effects and risks of drinking alcohol 5. Keeping safe in my local area: say no to gangs 6. Anti-bullying 	<ul style="list-style-type: none"> money 2. Paying for goods 3. Family expenses 4. Planning and budgeting 5. Charity work 6. Fund-raising for Charity 	<ul style="list-style-type: none"> chocolate 2. What is fair trade? 3. Consumer power 4. The media and information 5. Advertising 6. Recognising and challenging stereotypes 	<ul style="list-style-type: none"> differences 2. How we are all connected 3. Living and working cooperatively 4. Recognising and challenging prejudice 5. Gender stereotypes 6. Contributing to society – jobs people do 	<ul style="list-style-type: none"> dreams 5. Positive change 6. Unwelcome change
<u>Year 6</u>	<ul style="list-style-type: none"> 1. Devising a class charter 2. Understanding democracy 3. Environmental awareness and responsibility 4. Climate change (1) 5. Climate change (2) 6. Sustainability issues 	<ul style="list-style-type: none"> 1. Drugs Ed: risk taking and dealing with pressure 2. Drugs Ed: legal and illegal drugs 3. Drugs Ed: say no to smoking 4. Drugs Ed: attitudes to alcohol 5. Keeping safe in my local area: say no to knives 6. Anti-bullying 	<ul style="list-style-type: none"> 1. Earning money 2. Value for money 3. Lending and borrowing money 4. Achieving goals 5. Deductions and expenses 6. Poverty 	<ul style="list-style-type: none"> 1. Rich and poor nations 2. Trade across the world 3. Global footprints 4. Food shortages and hunger 5. Fairness and responsibility 6. Reporting the news 	<ul style="list-style-type: none"> 1. National, religious and ethnic identities in the UK 2. Different types of relationships 3. Stereotyping and judgement 4. Put-downs and conflict 5. Ending friendships 6. Forgiveness 	<ul style="list-style-type: none"> 1. RSE: puberty and reproduction 2. RSE: relationships and reproduction 3. RSE: conception and pregnancy 4. RSE: being a parent 5. Common responses to change 6. Transition and moving on

PSHE Subject Leader